

## ANTI-RACISM RESOURCES

### BOOKS

Caste by Isabel Wilkerson  
White Fragility by Robin DiAngelo  
Waking up White by Debbie Irving  
Me and White Supremacy by Lela Saad  
My Grandmother's Hands by Resmaa Menakem  
The Cross and the Lynching Tree by James H. Cone  
Stamped From the Beginning: The Definitive History of Racist Ideas in America by Ibram X. Kendi

### LETTERS

Open Letter to a Friend Waking Up to Racism  
A Letter to My White Male Friends of a Certain Age

### VIDEOS

Rev. Dr. Otis Moss III | The Cross and the Lynching Tree:  
A Requiem for Ahmaud Arbery (23 minutes)  
When is Someday? A Special Message from Rev.  
Dr. Otis Moss III - May 31, 2020 (17 minutes)  
Robin DiAngelo video clip (7min)  
TED Talk with Verna Myers (18 minutes)  
Lela Saad on Me and White Supremacy (4 minutes)

### MOVIES

13th by Ava DuVernay  
Just Mercy (based on the book by Bryan Stevenson)  
Selma

### PODCASTS

"Seeing White" from Scene on Radio (30-60 minutes)  
Center for Documentary Studies at Duke University.  
1619, an audio series on how slavery has transformed  
America (from the New York Times)  
Back to Biz with Katie and Boz: Bishop T.D. Jakes  
and Opal Tometi

# HUMAN RIGHTS PILGRIMAGE

Montgomery and Birmingham, Alabama  
October 23-26



An educational and relational journey for  
better understanding racism in our country  
and to consider ways to work toward  
dismantling it.





### WHAT IS THE TRIP ABOUT?

- Learn about racism and ways to dismantle it
- Three orientation sessions before the trip to get acquainted with other participants
- An opportunity to build cross-cultural friendships
- Guided daily sessions to process and learn about the history of human rights in our country

### TRIP LEADERS

Reverend Carla Aday, Senior Minister, Country Club Christian Church

Dr. Claudia Highbaugh, Retired University Chaplain (Yale, Harvard, Connecticut College and University of Texas) and Disciples of Christ pastor.

Carla and Claudia have been friends for over 40 years. They led camps together in Texas and were roommates while at Yale. Claudia has led this trip for several groups of college students and religious leaders.

### ITINERARY

- Southern Poverty Law Center
- Freedom Rider's Museum
- Bryan Stevenson's Legacy Museum
- Peace and Justice Memorial, Equal Justice Initiative
- 16th Street Baptist Church
- Civil Rights Institute
- Kelly Ingram Park

### DEPOSIT

\$250 non refundable deposit due by June 16. Register and pay with QR code or register online at [cccckc.org/human-rights-pilgrimage](http://cccckc.org/human-rights-pilgrimage) Make check payable to Country Club Christian Church.



### FINAL PAYMENT DUE August 25

Total cost per person is \$1,439 for double occupancy and \$1,789 for single occupancy. This includes hotel, airfare, transportation from Atlanta to Alabama and all sights by Motor Coach; museum fees, three breakfasts, one lunch and one dinner, + tips. Does NOT include: two dinners, three lunches, travel insurance, transport to the Kansas City airport.

For those who choose to fly separately, the cost without airfare is \$1,063/person for double occupancy and \$1,413/person for single occupancy.

**Scholarships are available.**

For more information call 816.333.4917 or email [office@cccckc.org](mailto:office@cccckc.org)